

Annexure - V

Publications Since 2019 to Till Date

S. No.	Title of paper	Name of Journals/Bulletin
1.	Pharmaceutical Evaluation of Chaturthamalaka Rasayana- an Ayurveda Compound	International Journal of Ayurveda and Pharma Research, 7(2), pp 31-39
2.	Therapeutic Evaluation of Rasayana Karma of Chaturthamalaka Rasayana	International Ayurvedic Medical journal, 7(5), pp 792-800
3.	Preparation of Chaturthamalaka Rasayana, a Classical Formulation in Charaka Samhita	International Journal of Research in Ayurveda and Pharmacy, 10(3), pp 59-65
4.	A critical review on animal products used in the Indian traditional system of medicine	International Ayurvedic Medical Journal (IAMJ), 7(10), pp 1872-79
5.	Immunomodulatory activity of Chaturthamalaka Rasayana: An experimental Evaluation	International Journal of Ayurveda and Pharma Research, 7(10), pp 1-12
6.	Updated info on Shankha Vati w.s.r. to the Turangaratnamala (a text on treatment of horse)	International Ayurvedic Medical Journal (IAMJ) Volume 7, Issue 12, pp 2297-2302
7.	Distinct Role of Pharmacognostical Study in the Drug Development and Standardization	International Journal of Ayurveda and Pharmaceutical Chemistry (IJAPC) Vol 12, Issue 1,
8.	Antimicrobial Study of Vyadhidhwansa Rasa (An Herbomineral Preparation): In Vitro Study	International Journal of Ayurveda and Pharma Research, Vol 8, Issue 1, pp. 30-36
9.	Ayurveda herbs in the flora of Punjab (India) with special reference to Bhavprakash Nighantu – A review.	The Journal of Phyopharmacology 2020, Vol 9, Issue 1: 67-75. DOI: 10.31254/phyto.2020.9111.
10.	Pharmaceutical Characterization & Pharmacological consideration of Shankha Bhasma; An Ayurvedic Formulation	International Ayurvedic Medical journal, Vol. 8 Issue 4 pp 31-3239-3245
11.	Isolation of lupenone (18-Lupen-3-one) from Roscoea purpurea root extract: First report.	Bangladesh Journal of Medical Science. 19(4): 692-696. (Scopus indexed)
12.	Exploration of Ayurveda Potential in Tuberculosis: Current Scenario and Future Prospect	International Journal of Ayurveda and Pharma Research, Vol. 8 Issue 5 pp 19-32
13.	Ashwagandha: Potential Integrative Management of Tuberculosis	International Journal of Innovative Research in Medical Sciences(IJIRMS), Vol. 5 Issue 07 pp 257-260
14.	Therapeutic Evaluation of Ayush Kwatha: A Review	International Journal of Ayurveda and Pharmaceutical Chemistry, Vol. 13 Issue 1 pp 26-39

15.	Ayush kwatha for the management of urt symptoms in pre-symptomatic to mild covid-19 infection: Pharmaceutical study to improve compliance	World Journal of Pharmaceutical Research Volume 9, Issue 11, 852-867.
16.	Conservative management of Ashmari with Ayurveda: A case study	International Journal of Advanced Research, Vol-8(10); pp 159-166
17.	Ferulic acid and Maleamic acid- The Probable scientific basis of pairing of Meda- Mahameda (Polygonatum Cirrhifolium and P. verticillatum) Couplets	International Journal of Science and Research Methodology, Vol-16, Issue-4, pp 14-26
18.	First Report of Isolation of Moupinamide as a Chemical Marker from Natural Source Polygonatum verticillatum.	International Journal of Pharmacy and Pharmaceutical Research. 20(1): 29-40
19.	Evidence based clinical practices in Vicharchika (Eczema) and Ayurvedic treatment modalities – Review	International Journal of Ayurvedic Medicine, Vol 11 (4 S), Supplement of AMRUTA 2019 , 30-36
20.	Development and Standardization of Chaturbhadra Kvath Churna: An Ayurvedic Formulation	Journal of Drug Research in Ayurvedic Sciences, Volume 4 Issue 4 (October–December 2019) ,192-198
21.	Development and Standardization of Narayana Churna—A Polyherbal Ayurvedic Formulation	Journal of Drug Research in Ayurvedic Sciences, Volume 4 Issue 1 (January–March 2019),22-28
22.	Novel technique of therapeutic bloodletting used by a folk healer of South Andaman: a short communication	Journal of the Andaman Science Association: Vol.24(1):77-79 (2019)
23.	Ethnomedicinal Knowledge among Nicobarese Tribes of Car Nicobar Island of Andaman and Nicobar Islands, India	Journal of Drug Research in Ayurvedic Sciences, , Vol. 5 Issue 1, pp 13-24
24.	Observation on single plant Therapy (Ekala Dravya Chikitisa) among folk Healers of Andaman and Nicobar Islands, India	Journal of Drug Research in Ayurvedic Sciences, 4(3), 2581-95
25.	Documentation of Ethno-Medicobotanical Practices from Mohan and Jaurasi region of Almora, Utrakhand, India	Journal of Drug Research in Ayurvedic Sciences, Vol-5 Issue-4 pp 215-221
26.	Efficacy and safety of Ayurveda Intervention for Obesity: Protocol for a systematic review	Journal of Research in Ayurvedic Sciences, Vol-3, Issue-1, pp 6-11
27.	Ayurvedic management of female infertility due to tubal blockage	Complementary and Integrative medicine
28.	A Concise Botanical Consideration on Various Plant Parts (Prayojyanga) Stated In Ayurveda	International Ayurvedic Medical Journal (IAMJ), Vol 9 (9), Page no. 2232-2240

29.	AYUSH-64 as an adjunct to standard care in mild to moderate COVID-19: An open-label randomized controlled trial in Chandigarh, India	Complementary Therapies in Medicine, volume 66
30.	Acute and Chronic Toxicity Study of Vatavidhvamsana Rasa An Ayurvedic Herbomineral Formulation	Toxicity International Vol. 28(4), Page no. 421-33
31.	Compliance level of textual therapeutic usage of Kshirakakoli Containing formulations with a Serial Ethnomedicinal Survey and Modern System of Medicine	Biology medicine and natural product chemistry, Vol-10,(1), Page no. 7-14
32.	A Retrospective analysis of Ayurvedic clinical management of mild COVID-19 patients	Journal of Research in Ayurvedic Sciences, Volume 5, Issue 2, Page no. 80-86
33.	Clinical evaluation of the efficacy of Shadbindu Taila and Chitraka Haritaki in the management of chronic rhinosinusitis: Protocol for a prospective, open label multicentre single-arm trial	J Res Ayurvedic Science, Vol-5(3), Page no.131-138
34.	Development and Standardisation of Laghu Sudarshan Churna-An Ayurvedic polyherbal formulation	Indian Journal of Traditional Knowledge, Vol-21(1), Page no. 106-112
35.	Anti-inflammatory and analgesic activities of Vatavidhvamsana rasa, An Ayurvedic herbo-mineral formulation	International Journal of Ayurvedic Medicine, Vol 12 (3), Page no. 669-673
36.	Ethno-veterinary medicaments for the Management of Blot (Tympany) in Ruminants	Punjab Veterinary Journal Page no .31-35
37.	Disease Characteristics, Care-Seeking Behavior, and Outcomes Associated With the Use of AYUSH-64 in COVID-19 Patients in Home Isolation in India: A Community-Based Cross-Sectional Analysis.	Front. Public Health 10:904279.
38.	Ayurveda Panchkarma Treatment Success in a Case of Shotha – A Case Study	International Journal of Recent Scientific Research, Vol – 13, Issue – 08 (A), Pg. 1984-1987, August 2022
39.	AYUSH Medicines in Oral Healthcare: Narrative review	International Journal of Food and Nutritional Sciences, Vol – 11, S Issue – I, 2022, Pg. 350-363
40.	Review on Plant Tissue Culture: A Source of Phyto-Pharmaceuticals	International Journal on Biological Sciences, vol. 13 (2), pp 127-131.
41.	Q-Marker: An Integrative Approach and Scientific Validation in the Indian system of Medicine	Current Traditional Medicine, Vol 8 (6), pp-1-12
42.	Update on the preclinical and clinical assessment of <i>Withania somnifera</i> : from	Traditional Medicine Research, 7(5):46, pp 1-15

	ancient Rasayana to modern perspectives	
43.	Phytochemical and Pharmacological Overview of <i>Triticum aestivum</i> : An Update	Current Traditional Medicine, Vol 8 (6), pp-51-59
44.	Potential of Essential Oils as Alternative Permeation Enhancers for Transdermal Delivery	World Journal of Traditional Chinese Medicine, Vol. 20 (20), pp 01-22
45.	Effect of Nadi Sweda on symptoms of Pain, Swelling and Stiffness in Knee Osteoarthritis - An Open Labeled Single Arm Clinical Study	Journal of Ayurveda and Integrated Medical Sciences Journal of Ayurveda and Integrated Medical Sciences
46.	Impact of Regional Quality Assessment of <i>Tinospora cordifolia</i> : A Scientific Perspective for Exploration of Harvest Strategy as a Quality Marker	Agricultural Research https://doi.org/10.1007/s40003-022-00645-4
47.	Role of Ayurveda in symptomatic management of pancreatic neuro endocrine tumor – An experience	Ayucare Journal of Ayurveda, Vol-5, Issue-3, pp 112-115
48.	A Clinical Study to Evaluate the Efficacy of Ayurvedic Intervention in Management of Chronic Bronchitis	Journal of Research in Ayurvedic Sciences ,Vol – 6 Issue – 3, ,July – September 2022 Pg. 108-101
49.	Documentation and validation of the potential ethno-medicinal practices from Almora forest range, Uttarakhand, India	Journal of Drug Research in Ayurvedic Sciences, Vol – 7, Issue – 4, October-December 2022, Pg. 253 - 259
50.	Can Virechan Nasya and Vairechanika dhoomapana manage chronic sinusitis? An experience	Journal of Ayurveda Case Reports, Vol - 5, Issue – 4, pg. 170-175
51.	Efficacy of Ayurveda intervention “Ayuraksha Kit” on COVID-19 incidence and outcomes. A prospective cluster randomized community based study in India	Journal of Research in Ayurvedic Sciences, Vol – 6, Issue – 4, pg. 160-168
52.	Identification of Antioxidant and Antidiabetic Compounds in <i>Hedychium spicatum</i> using TLC Bioautography Coupled with Mass Spectrometry and their in silico Molecular Docking Studies	Indian Journal of Pharmaceutical Education and Research, Vol 56 (3), pp 830-837
53.	Development of quality control parameters for classical ayurvedic formulation: Vyoshadi Churna	Journal of Ayurveda, Volume 17, Issue 1, pp.38-44.
54.	Ayurvedic management of Systemic Lupus Erythematosus - A Case Study	Journal of Ayurveda and Integrated Medical Sciences, 8(2), 188 - 191.
55.	Medico-ethnobotanical exploration of Almora forest division, Uttarakhand, India—Need for the conservation of medicinal plants	Journal of Drug Research in Ayurvedic Sciences, Vol – 8, No. 1 (2023), pp. 26-37

56.	A Comprehensive review of Murivenna, an Ayurveda formulation	European Chemical Bulletin, Vol-12, Issue (5), Pg no. 5527-5534
57.	Ashwagandha (<i>Withania somnifera</i>) and Shunthi (<i>Zingiber officinale</i>) in mild and moderate COVID-19: An open-label randomized controlled exploratory trial	Complementary Therapies in Medicine, Vol – 76, Issue – 102966, pg no. 1-11
58.	Common Medicinal Plants helpful in managing Disease Burden of Uttar Pradesh – A Critical Review	Biological Forum – An International Journal, 15 (5A), pg. 195-202
59.	A Clinical Study to Evaluate the Efficacy of Ayurvedic Interventions in the Management of Pinasa (Chronic Rhinosinusitis)	Journal of Research in Ayurvedic Sciences, Vol – 7, Issue – 4, Pg. 213-220
60.	Simultaneously quantification of eight marker compounds by HPLC, and HPTLC analysis for the marker-based shelf-life kinetic study for the standardization of polyherbal drug AYUSH SG-5, medicinal properties and computational studies	Microchemical Journal, 109958, Vol – 199, Issue – 18
61.	Management of Sub clinical Hypothyroidism through Ayurveda: A Case study	Journal of Advanced Zoology, Vol.44, Issue S7, Pg. no. 1477-80
62.	Chitraka (<i>Plumbago Zeylanica</i> Linn.): Exploring the realms of Rasayana (Rejuvenation) Potential of Ayurveda	Journal of Advanced Zoology, Vol.44, Issue S7, Pg. no. 1481-85
63.	Safety and Efficacy of Ayurveda compound formulations (Kantakaryavaleha and Eladi Gutika) in the management of Mild Stable Bronchial Asthma (Tamaka Shwasa) - A prospective, open label, multicenter, single-arm feasibility clinical trial	International Journal of Ayurveda Research, 2024; 5: 31-39
64.	Role of NMPB in Quality Assurance and Certification of Raw Material of Medicinal Plants	Medicinal Plants – International Journal of Phytomedicines and related Industries, Sp. Issue (2), Pp 52
65.	Plant Tissue Culture for QPM Production, Effective Conservation and Utilization of Multipurpose and Medicinally Important <i>Butea monosperma</i> Lam.	Medicinal Plants – International Journal of Phytomedicines and related Industries, Sp. Issue (2), Pp 44
66.	Exploring scientific validation of Millets in contemporary healthcare: A Traditional Food Supplement	Recent Advances in Food, Nutrition and Agriculture, 2024, Vol – 15, Issue – 1, pp. 2-12.
67.	Application of High-Performance Thin Layer Chromatography Mass spectrometry	Talanta Open, https://doi.org/10.1016/j.talo.2024.100315

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68.	Ayurveda formulations for prophylaxis against coronavirus disease-2019 infection - A prospective community-based study in identified containment zones of 19 districts across India	International Quality Journal of Research in Ayurveda, Vol – 45, Issue – 1, page no. 1-11
69.	A rapid in-vitro shoot regeneration protocol from nodal explants for conservation and mass multiplication of <i>Butea monosperma</i> Lam.	Souvenir Abstracts/ Proceedings cum Book, National Conference on Agro-ecological Basis of Agroforestry: Interaction, Innovation and Incubation, page no. 141
70.	Preliminary Physicochemical Evaluation of Madhumalini Vasant Ras tablet – An Ayurveda Herbo-mineral Formulation	International Journal of Ayurvedic Medicine, Vol – 15, Issue – 2, 2024, pg. no. 370-374.
71.	Effects of geographical variation on the phytochemicals gallic acid, corilagin, and ellagic acid, as well as medicinal properties of <i>Embllica officinalis</i> Gaertn (Fruit)	Food and Humanity (Elsevier), Vol – 3, 2949-8244.
72.	A Comprehensive Review of Herbs Utilized in Milk Products of Dairy Industry: Insights from Ayurveda	Pharmacological Research - Natural Products, Vol – 4, 2950-1997.
73.	Comparative efficacy of Nadi Sweda and Pinda Sweda (Oleation therapies) on symptoms of knee osteoarthritis	Bulletin of Environment, Pharmacology and Life Sciences Vol 13(4) page 115-120
74.	A community based study for evaluation of Ayurvedic formulations in the management of osteoarthritis knee	International Journal of Ayurvedic Medicine Vol 15 Issue 4, Pages 1029-1036
75.	Ancient Wisdom of Ayurveda: The Anti-inflammatory Benefits of Herbs for Managing Mastitis in Dairy Animals in South Asia	JOURNAL OF NATURAL REMEDIES DOI: 10.18311/jnr/2025/45045 Vol – 25, Issue – 2, Pg. No. 257-277
76.	Ethno-Veterinary Medicinal Plants for the Effective Management of Parasitic Infestation in Livestock.	Toxicology International, 32(1):181-205
77.	<i>Eladi Churna</i> and <i>Draksharishta</i> Improve Clinical Features and Functional Status of Lungs in Patients With Stable Chronic Bronchitis	Journal of Herbal Medicine, Vol-51, Issue- 2025
78.	An Open-label Prospective Study to Assess the Effectiveness, Tolerability, and Safety of Ayurvedic Intervention (<i>Kutajarishta</i>) in the Treatment of Irritable Bowel Syndrome	Journal of Natural Remedies Vol 25 (6), Pg. No. 1309-1319
79.	Bridging India's ethnobotanical traditions and Ayurveda: Exploring galactagogue plants in livestock and human care.	Ethnobotany Research and Applications Vol 31 (2025), Pg. No. 1-35

80.	Medicinal plant diversity in botanical garden of Central Ayurveda Research Institute (CARI), Patiala – A glimpse	International Journal of Ayurveda Research Vol 6 (2) Pg. No. 109-120
81.	A Comparative Review of Mamsagata Vata With Special Reference to Fibromyalgia; An Ayurvedic Perspective	World Journal of Pharmaceutical and Medical Research, Vol-2, Issue-9, Pg. No. 506-511
82.	Preclinical Safety Evaluation of the <i>Udaravikaranashaka Churna</i> for Indigestion in Murrah Buffaloes	Toxicology International, 2025;32(3):545-551. doi:10.18311/ti/2025/v32i3/50006
83.	Preventive and Curative Measures for Musculoskeletal Disorders: An Ayurvedic Perspective	International journal of scientific research, vol - 14, Issue - 11, pg. No. 59-61
84.	Efficacy of Chitrakadi Leha in the management of Vataja Kasa w.s.r to Pulmonary Eosinophilia: A Clinical Study	International journal of scientific research, vol - 14, Issue - 10, pg. No. 07-10, DOI : 10.36106/ijsr
85.	Medico-ethnobotanical knowledge among the local community of Someshwar areas of Almora Distt., Uttarakhand	Journal of Drug Research in Ayurvedic Sciences,10(6):page no. 471-480, DOI: 10.4103/jdras.jdras_383_23